Games of the Past

***Eggs in a Spoon***

**Materials List:** Wood Eggs or hard-boiled eggs (6)

Wood Spoons or serving spoons (6)

**Classroom Time:** 1 classroom period

**Objectives:**

1. The student will learn to play “Eggs in a Spoon” following correct procedures.

2. The student will name 3 factors that effect keeping the egg in the spoon: (balance, concentration,

kinetic ability, linear placement, poise, speed, terrain, wind, etc.)

3. The student willunderstand the advantages of “slow and steady”.

**Teacher’s introduction to the activity:** This gamewas played at end of school picnics, where they also had sack races, and 3-legged races.

**Instruction:**

1. Divide the class into 2 teams.

2. Place your egg in the spoon as securely as possible.

3. Walk as quickly as possible without dropping the egg.

4. When you reach the goal line, the next student in your team may begin.

5. If you drop the egg, you must place it on the spoon again, return to the spot

the egg was dropped, then continue the race.

6. The team the moves all 6 eggs first wins.

**Variation:** Teams have one egg that they transfer from one spoon to another between team members.